



THE COVE RESTAURANT

FARM TO FORK



Our food is unforgettably delicious. Produced right here at Adventure farm using regenerative practices.



SOUPS

Tomato Soup

KSH 1,250

Wood fired roasted tomatoes blended with olive oil and garlic into a rich velvet sauce

Butternut Squash

KSH 1,250

Slow baked squash blended with butter and a pinch of nutmeg until silky smooth

All soups served with a warm crusty
artisanal bread

APPETIZERS (V)

Chefs Garden Salad

KSH 950

Organic Leafy greens, plum tomatoes, carrot chiffonades, capsicum, cucumber pearls dressed with cilantro gastrique (Seasonal veges)

Bruschetta

KSH 900

Rubbed with fresh garlic and piled high with diced tomatoes, basil and drizzled with extra virgin olive oil

APPETIZERS

Chicken Satay

KSH 1,500

Marinated tender cubes of chicken, interlayered with veggies and served with homemade chilli sauce

Mediterranean Chicken Salad

KSH 1,150

Cubed chicken supreme, leafy greens, olives, capsicum, croutons, laced with vinaigrette dressing

(For full dish portion extra ksh 500)

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ADVENTURE COVE

COVE FARMER'S BREAKFAST

Cove Farmer's Brunch

KSH 1,950

(2 eggs any style, sausage, baked beans, wood oven baked buns, pancakes, grilled tomatoes and mushroom, Kenyan chai or coffee)

Breakfast Calzone

KSH 1,400

(Pizza dough folded into a half moon shape filled with eggs of your choice, sauteed onions, capsicum, sausage with our signature mozzarella cheese)

Toast of Adventure Farm

KSH 1,200

(Sour dough bread, coated in mozzarella cheese and egg mixture, herbs, basil pesto, seasonal avomash)

All in one cereal bowl

KSH 1,200

(Granola, sunflower seeds, oat flakes, pumpkin seeds, natural yoghurt, Mulberry syrup)

De_Constructed Egg Benedict

KSH 1,200

(Wood oven buns, poached road runner eggs, cheesy spinach, thyme infused hollandaise)

Kenyan Breakfast

KSH 1,200

(Eggs, sausages,, mushrooms, beans, tomato, sweet potato, arrow roots)

ADVENTURE COVE



SIGNATURES

Smoked Paprika Corn & Slate Steak

KSH 2,950

Premium sirloin cut served with salt charred riblets

T Bone Steak (350g)

KSH 2,950

Juicy grilled premium cut, basted with fine herbs and set on black pepper sauce

Cove Meat Platter

KSH 4,500

Surprise selection of succulent premium cuts of chicken beef & pork

Slow Roast Smoked Chicken Breast

KSH 2,250

Slow Delicate herb rubbed chicken, smoked in hay and hard wood chip served with chicken jus

Herb Grilled Chicken

KSH 2,250

Marinated in garlic and fresh herbs, finished with a lemon glaze

Fillet Mignon

KSH 2,750

Grilled to your preferred doneness and served with baby carrots on the side

All accompanied with your choice of side

Spicy Hydroponic Fed Pork

KSH 2,400

Dry rubbed with sea salt and paprika, slow grilled until tender

Honey Mustard Pork

KSH 2,350

Pan seared and served with honey mustard reduction

Pan Seared Fish

KSH 1,950

Patted dry, seasoned and shallow fried on a hot skillet served with lemon butter sauce and a touch of seasonal veges

SIDES

(ALL SIDES- KSH 900)

Hand Cut Chips

Local Seasonal Greens

Sauteed Potato

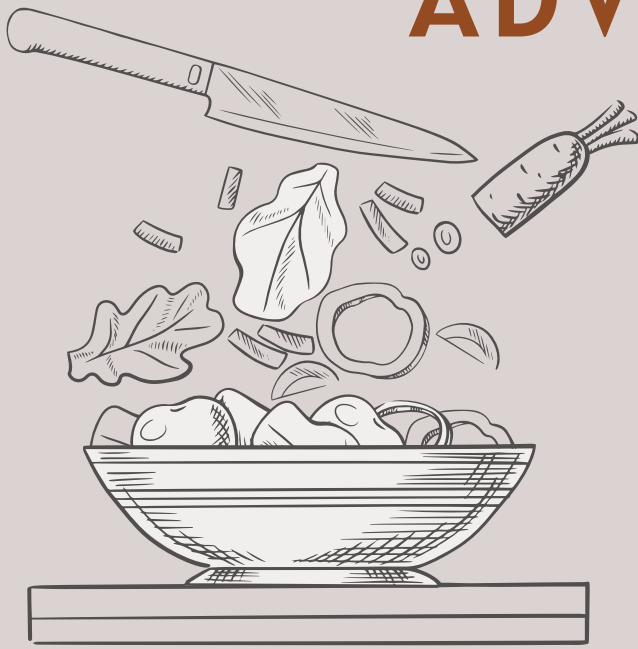
Green banana mash

Naan Bread

Potato wedges

Roast Maize

ADVENTURE COVE



VEGETARIAN

Orchard Basket Curry KSH 1,450

Seasonal picked, soaked in handmade curry paste, paired with garlic naan or rice

Stir Fried Farm Veggies KSH 1,300

Seasonal farm vegetables served with umami flavors with your choice of side

Penne Arabiata KSH 1,450

Penne pasta tossed in a homemade sauce of tomatoes, garlic and extra virgin oil with a bold kick of red chillis

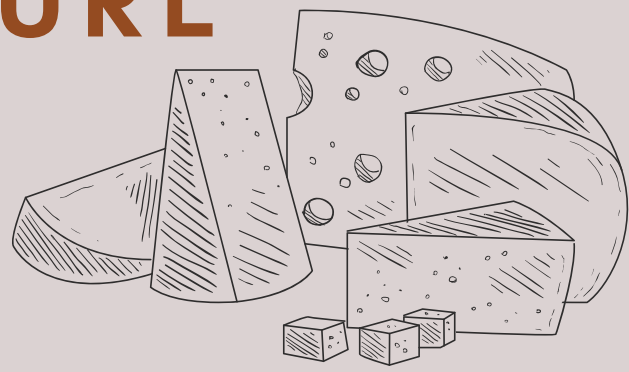
BURGER

The Signature Beef Burger KSH 1,850

Melting mozzarella cheese, herb infused meat galette, caramelized onions, salad filling, caged in a seeded bun

Farm Reared Chicken Burger KSH 1,850

Grilled chicken patties, topped with fermented cabbage, onion marmalade, assorted mesclun and cocktail sauce



PIZZAS

MADE WITH MOZZARELLA CHEESE AT THE FARM

Margharita	KSH 1,150
Veggie Pizza	KSH 1,350
Chicken Mushroom	KSH 1,550
Chicken BBQ	KSH 1,500
Hawaiian Pizza	KSH 1,500
Meat Affair	KSH 1,850
Pepperoni Pizza	KSH 1,950

LITTLE ANGELS

Fish Fingers & Fries	KSH 950
Beef Sausages & Fries	KSH 950
Chicken Nuggets & Fries	KSH 950
Spaghetti Bolognese	KSH 1,000
Pasta Pomodoro	KSH 800

BURGER

Pulled Pork Burger KSH 1,850

Slow-smoked tender hand-pulled pork smothered in house made barbecue sauce and topped with crisp slaw in a seeded bun

(Extras: grilled pineapple, fried egg, cheese, mushrooms @ KSH 500)

ADVENTURE COVE

GELATO

Scoop 300

Scoop with gluten-free cone 350

(0.5kg Tub= ksh 1,250)

(1kg Tub= ksh2,500)

Gelato Cake

1.5kg = 4,500/=

2kg = 6,500/=

Vanilla

Mint

Biscotti

Choco Biscotti

Dark Chocolate

Strawberry

Kaiapple

Cashew Nut

Tiramisu

Caramel

White Chocolate

Salted Caramel



FRESH JUICES

(500ml= ksh 350)

(1 l = ksh 700)

Passion pineapple

Pineapple mint

Mango Tangerine

Mango Mint

Strawberry Orange

Tree Tomato

Sugarcane Ginger

Pixie Passion

Tropical



SMOOTHIES/ MOCKTAILS

450ml= ksh 500

Triple B (Baobab, Beetroot, Banana)

Green Goddess

Berrylicious

MYOS(make your own smoothie)

COVE DAWA

Baobab

Mint

Lemongrass

Rosemary

